© Best Version Media

CORNELIUS LAKESIDE LIVING



WHAT'S INSIDE:

Go Jen Go Foundation
Pumpkin Patches
Scarrigan Farms

The Powell Family: Breast Cancer & the Community That Wrapped Them in Love

POWERED BY BVM BEST VERSION MEDIA

COVER PHOTO BY WORDS & PICTURES BY JEANNIE DESENA

© Best Version Media

DALY MILLS

FAMILY LAW + ESTATE PLANNING

Let our powerhouse team fight for your family.





Miranda J. Mills,
Managing Partner



Danielle Feller,
Partner

Absolute Divorce • Separation and Property Settlement Agreements • Alimony & Division of Marital Property Prenuptial & Postnuptial Agreements • Child Custody, Child Support • Adoption • Guardianship/Incompetency Third Party Custody • Grandparents' Rights Medicaid Planning and Long-Term Care Planning

YOUR CHILDREN, FINANCES, AND FUTURE ARE WORTH FIGHTING FOR

131 Plantation Ridge Drive, Suite 400, Mooresville 28117

704-878-2365 • www.dalymills.com

© Best Version Media

CORENLIUS
LAKESIDE LIVING

PUBLICATION TEAM
Publisher: Joanie Baker
Content Coordinator: Caroline Campbell
Designer: Terri Shelow
Contributing Photographer:
Jeannie DeSena,
Words & Pictures by Jeannie DeSena
(Torrence Chapel)

ADVERTISING
Contact: Joanie Baker
Email: jbaker@bestversionmedia.com
Phone: 614-302-5154

FEEDBACK/IDEAS/SUBMISSIONS:
Have feedback, ideas or submissions?
We are always happy to hear from you!
Deadlines for submissions are the 1st of each month.
Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to:
ccampbell@bestversionmedia.com.

IMPORTANT PHONE NUMBERS:

Emergency:	911
Police Department:	704-892-1363
Fire Department:	704-892-1544
Town Hall:	704-892-6031
Library:	704-416-3800
Parks and Recreation:	704-892-6031
Recycling Center:	704-947-8761
Landfill:	704-875-3367

CONTENT SUBMISSION DEADLINES:

Content Due:	Edition Date:
October 25	December
November 25	January
December 25	February
January 25	March
February 25	April
March 25	May
April 25	June
May 25	July
June 25	August
July 25	September
August 25	October
September 25	November

POWERED BY
BVM
BEST VERSION MEDIA

Any content, resident submissions, guest columns, advertisements and advertorials are not necessarily endorsed by or represent the views of Best Version Media (BVM) or any municipality, homeowners associations, businesses or organizations that this publication serves. BVM is not responsible for the reliability, suitability or timeliness of any content submitted, inclusive of materials generated or composed through artificial intelligence (AI). All content submitted is done so at the sole discretion of the submitting party.
© 2026 Best Version Media. All rights reserved.

OCTOBER
North Carolina Festivals

COMPILED BY JAYNE DEKU

Festival Name	2026 Dates	Location	Website / Contact Info
Shakori Hills GrassRoots Festival of Music & Dance	October 1–4, 2026	Pittsboro, NC	shakorihillsgrassroots.org
NC Seafood Festival	October 2–4, 2026	Morehead City Waterfront, Morehead City, NC	ncseafoodfestival.org
Triangle Oktoberfest	October 2–3, 2026	Koka Booth Amphitheatre, Cary, NC	triangleoktoberfest.org
Carolina Classic Fair	October 2–11, 2026	Winston-Salem Fairgrounds, Winston-Salem, NC	carolinaclassicfair.com
AutumnFest	October 3, 2026	Downtown Mebane, NC	eventeny.com
Appalachian Autumn Market & Fall Festival	October 3, 2026	Hickory Ridge History Museum, Boone, NC	horninthewest.com
Carolina Renaissance Festival	October 3 – November 22, 2026 (Weekends)	Huntersville, NC	carolina.renfestinfo.com
John C. Campbell Folk School Fall Festival	October 3–4, 2026	Brasstown, NC	folkschool.org
Cashiers Valley Leaf Festival	October 9–11, 2026	Village Green, Cashiers, NC	cashiersgreen.com
Autumn Leaves Festival	October 9–11, 2026	Downtown Mount Airy, NC	autumnleavesfestival.com
MumFest	October 10–11, 2026	Historic Downtown & Waterfront, New Bern, NC	mumfest.com
Duck Jazz Festival	October 11–12, 2026	Duck Town Park Amphitheater, Duck, NC	townofduck.com
Carolina BalloonFest	October 15–17, 2026	Statesville Regional Airport, Statesville, NC	carolinaballoonfest.com
North Carolina State Fair	October 15–25, 2026	NC State Fairgrounds, Raleigh, NC	ncstatefair.org
Autumn with Topsail Festival	October 16–18, 2026	Topsail Beach, NC	autumnwithtopsail.com
LEAF Festival	October 16–18, 2026	Western North Carolina, NC	theleaf.org
NC Fall Festival	October 17, 2026	Raeford, NC	ncfestivals.com
Woolly Worm Festival	October 17–18, 2026	Historic Downtown Banner Elk, NC	woollywormfestival.com
Hippie Fest - North Carolina	October 24–25, 2026	Rowan County Fairgrounds, Salisbury, NC	hippiefest.org
Carolina Kite Festival	October 24–25, 2026	Sands Villa Resort Beachfront, Atlantic Beach, NC	kitesonthecoast.com

© Best Version Media

— EXPERT CONTRIBUTORS —

Luxury Outdoor Structures
Dwell Outdoor | StruXureNC
Denver, NC
704-644-7100
struxurenc.com

Windows
Renewal by Andersen
704-765-0047
renewalbyandersen.com

Food, Sports & Entertainment
The Serve Pickleball & Kitchen
20220 Chartown Drive, Cornelius
704-851-1800
www.theservepickleball.com

Garage Doors
Joe & Kim Serydynski, Owners
Race City Garage Door
Mooresville, NC
980-444-0468
kim@racecitygaragedoor.com
www.racecitygaragedoor.com



Pest Control
Bryan Vaughan, Owner & Entomologist
Vaco Pest Management
704-313-5076
vacopest@vacopest.com
vacopest.com



Art & Framing
Kim Saragoni, Owner
Four Corners Framing & Gallery
148 North Main Street, Mooresville, NC
704-662-7154
fcfgframing@gmail.com
www.fcfgframing.com



Estate Planning
Kathleen M. O'Day, Attorney at Law
O'Day Law Firm PLLC
228 Caldwell Lane, Suite D, Davidson, NC
704-317-5931
www.odaylegacylaw.com



Custom Closets & Organizational Solutions
Annie Hanson-Owner & Designer
The Closet Niche
197 Byers Creek Road, Suite H,
Mooresville, NC 28117
annie@theclosetniche.com
704-635-1150
www.theclosetniche.com



Financial Planning
Douglas Marion
Advanced Wealth Strategies
704-765-3653 or
Douglas@PlanWithAWS.com
19520 West Catawba Avenue,
Suite 313, Cornelius, NC 28031
PlanWithAWS.com



Real Estate
Nikki Calden REALTOR
Calden Real Estate
103 N. Main Street
Davidson, NC 28036
207-228-5838
nikki.calden@allentate.com
nikkicalden.allentate.com



In-Home Senior Care
Martin Conway, Owner, MBA, CDP
Homewatch CareGivers of Charlotte & Mooresville
(o) 704-503-4660 or
(m) 980-435-6930
mconway@hwcg.com
www.homewatchcaregivers.com/mooresville



Physical Therapy
Lauren Davenport, PT, DPT
Uplift Pelvic Health and Performance
704-251-5141
Lauren@upliftpelvicnc.com
upliftpelvicnc.com

Window Treatments
Level Up Tailored Window Coverings
Despina & Vasileios Koumantaros, Owners
980-316-8045
Hello@levelupcharlotte.com
levelupcharlotte.com



Veterinary Medicine
Anna M. Austin, VMD
Huntersville Veterinary Clinic
16615 W Catawba Ave, Suite F,
Huntersville, NC 28028
Call 704-997-6167
Text 919-372-0694
draustin@huntersvillevet.com
huntersvillevet.com



Taxes and Accounting
Tyler Niblack, CPA (Cornelius)
919-356-6843
tniblack@niblackcpa.com
www.niblackcpa.com



Hearing Loss
Harlan S. Cato, BC-HIS
Beltone Hearing Aid Centers
18047-D West Catawba Avenue,
Cornelius, NC 28031
704-892-0277
corneliusbeltone@yahoo.com
www.beltone.com/en-us/location/nc/cornelius



Renovations + Construction
Sarah Fiel, Owner + Renovation Designer & Eric Fiel, Licensed GC
Home Theory
980-866-5175
hello@hometheoryliving.com
www.hometheoryliving.com

Are you an expert in your field and interested in our Expert Contributor campaign? Contact Joanie Baker at JBaker@bestversionmedia.com for more information.

VACO PEST MANAGEMENT
MORE THAN JUST AN EXTERMINATOR
- General & Green Pest Packages
- Termite Control
- Mosquito & Tick Control
- Crawl Space Solutions

Family Owned & Operated



CALL TODAY!
704.313.5076 VACOPEST.COM

© Best Version Media

— COMMUNITY CONTRIBUTORS —



Places to Go
Tessa Rosenberg,
Teen Reporter



Emma Daeschner, Public Information Officer
Town of Cornelius
704-892-6031
21445 Catawba Avenue,
Cornelius, NC 28031
www.cornelius.org



Denis Bilodeau, Mayor
Town of Cornelius
704-892-6031
dbilodeau@cornelius.org
21445 Catawba Avenue,
Cornelius, NC 28031



Journalism Intern & Reporter
Sydney Baker
Hussman School of Journalism & Media, UNC-Chapel Hill
SydneyJayneBaker@gmail.com



Around Lake Norman:
Captain John Johnson
john@jetsquality.com



Lake Norman Wildlife
Paul Chickene
Deputy Island Adoption Coordinator
pchickene@gmail.com



Hometown Heroes:
Rob Cannon, Ret. US Navy
robgcannon@outlook.com



Bold Conversations
Jameka Haynes
Owner, Bold Conversations Consulting



Motivational Writing:
Hope Andersen
704-746-7430
HopeCAndersen@gmail.com
www.HopeAndersen.org
www.lionstoothllc.org







© Boat Version Media

The Powell Family: Breast Cancer & the Community That Wrapped Them in Love

BY CAROLINE CAMPBELL
PHOTOS BY WORDS & PICTURES BY JEANNIE DESENA



Kristen, Erik, Cole and Walker

On the outside, Erik, Kristen, Cole (10) and Walker (8) are your sports-loving, involved Rockridge Shore neighbors and members of the Cornelius community. But those who are close to this fun-loving family know that they lived through an unplanned season of their lives that started with a breast cancer diagnosis.

Erik, a Virginia Tech alum who later earned his graduate degree in sports management from the University of Georgia, began his career in 2000 in Stadium Operations for the Carolina Panthers and remained with the organization for over 20 years. Kristen graduated from Winthrop University and spent nearly 13 years with ABC Carolinas, a trade association serving the commercial construction industry. There, she developed a passion for building relationships and helping businesses grow, which recently led her to Terracon, where she serves as Client Development Manager. It's a perfect role for her—Kristen focuses on building relationships and connecting people from all over the architecture, engineering and construction (AEC) industry—combining both her passion and expertise.

Prior to her time with ABC Carolinas, Kristen worked in the Carolina Panthers ticket office doing corporate hospitality and marketing. And that's when she met Erik in 2009. What started as a casual friendship watching football together turned into something more, and the couple officially began dating in 2012. They've

What do you love about Cornelius?

"What I love most about Cornelius is that it has the warmth of a small town with the energy of a growing community. It's a place where neighbors become family, kids grow up together and people truly show up for one another."

© Best Version Media

been building their life together ever since. “Some of our favorite memories have come from traveling together for sporting events. We’ve cheered on the Panthers at Super Bowl 50, went to London to see them play overseas and visited countless other stadiums and cities together. I’m still trying to get over the Super Bowl loss,” comments Kristen.

After his decades with the Panthers, Erik transitioned into the signage industry, and the couple purchased Artisan Signs and Graphics in Cornelius in 2021. They love getting to be a part of the Lake Norman community, helping local businesses, schools and nonprofits bring their visions to life. And although their careers are different, they’re both centered around serving others, building relationships and making a positive impact, which are core family values for the Powells.

Kristen and Erik have instilled these same values in their sons, Cole and Walker, who attend Cornelius Elementary School and are sports lovers, like their parents. The boys have been involved with Lake Norman Little League since their tee-ball days and have just started playing basketball and flag football. “One of our greatest joys has been watching them play on the same team for many of these seasons. Seeing them encourage each other, celebrate one another’s successes and grow not only as athletes but as teammates and brothers has been incredibly special.” Cole and Walker have also been taking music lessons for the past four years—guitar for Cole and drums for Walker.

As a family, they love doing anything that brings them together. From ball fields and stadiums to road trips and movie nights, they love making anything an adventure. The Powells also look forward to trips with both Kristen and Erik’s families each year. For the past eight years, they get together with grandparents, cousins, aunts, uncles and kids to travel everywhere from Curacao to Maine, Costa Rica, Niagara Falls and more. Most recently, they visited Hawaii with the group of 15, which was filled with laughter, exploring and lifelong memories. They were even able to witness an active volcano, a trip highlight.

Until this past year, life as a family of four with two busy kids, a business and careers was full. But in October 2025, the Powells entered a completely unplanned season of their lives. At just 38 years old, Kristen was diagnosed with breast cancer, and the battle began. Her sister had been diagnosed four years earlier in 2021, so she had been getting regular mammograms since 2024. Thankfully, because of early screening, the mass was less than 2cm and caught early.







Ringing the bell



© Best Version Media

The hardest time of their lives could've been defined by fear, but instead it became a story of faith, resilience and an incredible community that surrounded them with love. Cole and Walker witnessed firsthand what it meant to serve others, accept help and keep finding the joy even in the most difficult moments. Their friends, neighbors and youth sports community poured love, prayers, meals, encouragement and support when the Powells needed it the most. One of the moments they'll never forget was seeing every player on their team wearing the pink ribbon on their batting helmet in support of breast cancer awareness. While it was such a simple gesture, it meant the world to them.

Her own breast cancer journey has inspired Kristen to become an advocate for breast cancer awareness, early detection and encouraging women to be proactive about their health. "I try to share my story so that it may help even one person get early detection or feel less alone during treatment. I encourage you to schedule that mammogram, pay attention to your body and simply realize that no matter what, you aren't alone. Early detection can save lives, and knowing there is a community ready to wrap their arms around you after that diagnosis is my goal."

During the past year, the boys also have embraced opportunities to support breast cancer awareness and other local community initiatives as the family walked through Kristen's diagnosis and treatment. "Watching them encourage others, ask how they can help and care deeply for people around them has been one of the greatest blessings to witness." And Kristen and Erik couldn't be prouder.

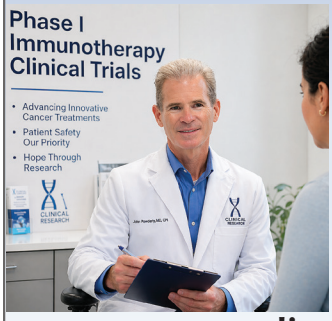
While breast cancer wasn't part of their plan, it became part of the Powell family story. "Through one of the hardest seasons of our lives, we experienced the incredible love of our family, friends, neighbors, coworkers, teammates and the entire Lake Norman community. We learned that strength isn't about facing hardships alone. It's about allowing others to walk beside you."







Stage 4 cancer?
Have you considered a clinical trial?



We provide rapid access to the newest treatments for cancer before they are widely available.

Carolina BioOncology Institute
CANCER RESEARCH CLINIC

Treating every person as a Trial of One since 2005.

704-947-6599

www.carolinabiooncology.org

9801 Kincey Ave. Ste. 145 Huntersville, NC 28078



Cornelius Police Department: FROM 1953 TO TODAY

BY JERMAIL RUCKER, SRO, CORNELIUS POLICE DEPARTMENT

The history of the Cornelius Police Department reflects the remarkable growth and transformation of Cornelius, North Carolina, from a small mill community into one of the Charlotte region's fastest-growing suburban communities. While the town's roots stretch back to the early 1800s, the modern Cornelius Police Department (CPD) was established in 1953, creating a dedicated local law-enforcement agency to serve the community.

In its early years, Cornelius was a much smaller community than it is today. During the 1940s, the town reportedly had only one police officer serving its residents. As Cornelius expanded, particularly following the development of Lake Norman and the growth of the Charlotte metropolitan area, the responsibilities of local law enforcement increased significantly.

The department gradually developed from a small-town police force into a professional, full-service agency. By the 2010s, CPD had expanded its responsibilities to include patrol, investigations, communications, animal control, traffic enforcement and specialized operations. The department also became known for emphasizing community policing—encouraging officers to build relationships with residents and participate in community events rather than focusing exclusively on traditional enforcement.

Leadership has played an important role in the department's development. Chief Bence Hoyle led CPD for many years and oversaw significant technological and organizational improvements, including an integrated surveillance-camera system. In 2019, Kevin Black became chief after spending more than 25 years with the department. Chief Black continued CPD's emphasis on community engagement and professional development.

Under his leadership, the department continued to grow and modernize. By 2019, CPD had 64 sworn officers, 20 civilian employees and a volunteer force, serving approximately 31,700 residents. Its jurisdiction covered roughly 15 square miles of land, as well as 15 square miles of Lake Norman waters and approximately 70 miles of shoreline. The department had also achieved international accreditation, reflecting its commitment to professional standards and accountability.

In January 2023, David Baucom became Chief of Police after Chief Black's retirement. Chief Baucom joined CPD in 1999 and worked in patrol, support services and communications before rising through the command ranks. His long career with the department provided continuity as Cornelius continued to experience rapid population growth.

As of 2026, Chief David Baucom continues to lead the Cornelius Police Department. The department's mission is to provide a safe environment for residents and visitors through fair, professional and efficient law enforcement. Its motto, "Family Strong, Community Focused" reflects the department's emphasis on both public safety and strong relationships with the community. The most recent annual report notes that CPD officers had more than 35,000 interactions with the public during 2025, demonstrating the department's continued focus on visibility and community service.

Today, CPD remains an important part of the town's identity and continues adapting to the challenges of protecting a rapidly growing Lake Norman community.



© Best Version Media



Fall Is in the Air:

Why Are My Windows Sweating?

BY DOUG LAMPERT, VICE PRESIDENT OF OPERATIONS, RENEWAL BY ANDERSEN

October brings beautiful fall colors and crisp, cool air to the Carolinas. As we spend more time indoors and turn on the heat, you might notice something new: water droplets on your window glass.

THE ICED TEA EFFECT

When warm, moist air comes into contact with cooler surfaces, condensation appears. Think of a glass of iced tea on a hot summer day—the glass sweats because the cold surface meets warmer, humid air. In the fall and winter, the reverse happens in your home. The outside air cools the windowpane, and the warm, moist air from your heated living space condenses when it hits that cold glass.

ARE YOUR WINDOWS TO BLAME?

It may appear like your windows are to blame, but windows do not actually cause condensation. Instead, your windows are acting as an alarm, alerting you to excess humidity trapped inside your home.

If your older windows were drafty, those cracks let the wind in, but they also allowed your indoor moisture to escape outdoors. Newer, tighter windows help reduce heating costs and limit drafts by creating a strong barrier, which means indoor humidity can no longer easily escape.

$400 OFF WINDOWS
$1,000 OFF DOORS
AND $0 MONEY DOWN
0% INTEREST FOR 5 YEARS**
704-800-4036
Call or scan now to schedule your FREE in-home estimate!



*Offer not available in all areas. Discount applied by retailer representative at time of contract execution and applies to purchase of 4 or more windows and/or Andersen patio doors. Cannot be combined with other offers. Initial contact for a free Window and Door Diagnosis must be made and documented on or before 10/31/26 with the purchase then occurring on or before 11/10/26. **No down payment and deferred interest for 5 years available to well qualified buyers on approved credit only. Restrictions apply. Not all customers may qualify. No Finance Charges will be assessed if the promo balance is paid in full in 60 months. Renewal by Andersen retailers is independently owned and operated retailers and are neither brokers nor lenders. Any finance terms advertised are estimates only, and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender. S&L Windows and Doors, LLC d/b/a Renewal by Andersen of the Carolinas. NC Residential Builders License #80213. South Carolina Residential Builders Commission #571. "Renewal by Andersen" and all other marks where denoted are marks of Andersen Corporation. ©2026 Andersen Corporation. All rights reserved. Products are marketed, sold and installed (but not manufactured) by Renewal by Andersen of the Carolinas, an independently owned and operated affiliate operating in NC and SC.

© Best Version Media

SIGNS OF INVISIBLE MOISTURE DAMAGE

Daily life generates a surprising amount of indoor moisture. Cooking three meals a day adds 10 cups of water to the air, and every shower contributes even more. If window condensation is a frequent issue, that trapped humidity could be causing hidden problems elsewhere. Watch out for these signs of excess moisture:

- A damp feeling or musty odors in the home
- Sweating pipes
- Cracking, peeling or blistering paint on interior or exterior surfaces
- Warped wooden surfaces, mold or mildew

TIPS FOR REDUCING INDOOR HUMIDITY

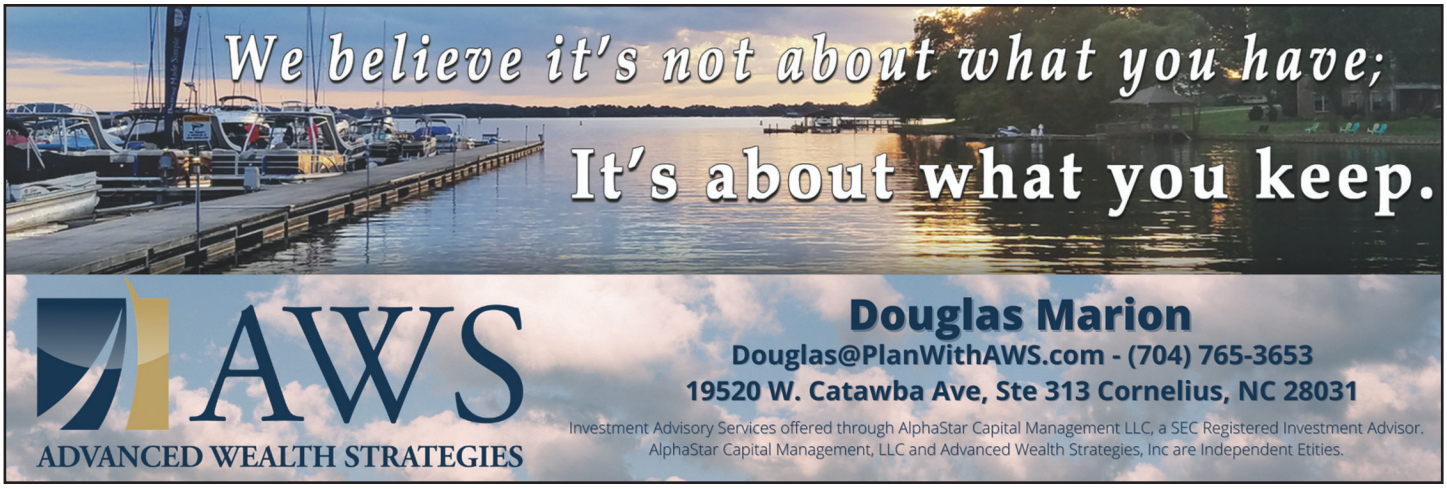
You can easily combat fall condensation by managing your home's moisture levels. Make sure to run an over-the-range exhaust fan when cooking, and let your bathroom exhaust fan run until the mirror is clear after bathing. Vent gas appliances and clothes dryers, and avoid storing firewood indoors.

Taking a little time to monitor your home's humidity will help you enjoy the changing seasons without worrying about hidden moisture damage.

If you're curious about window replacement, visit *rbawindowreplacements.com.*







© Best Version Media



GLP-1 Medications & Your Pelvic Floor: What You Need to Know About Constipation



BY LAUREN DAVENPORT, PT, DPT, UPLIFT PELVIC HEALTH AND PERFORMANCE

GLP-1 medications like Ozempic®, Wegovy®, Mounjaro® and Zepbound® have transformed weight loss and diabetes management. While these medications can provide significant health benefits, constipation is one side effect that deserves more attention—not just for your digestive system but for your pelvic floor.

Why Do GLP-1 Medications Cause Constipation?

GLP-1 medications slow digestion, helping you feel fuller longer. But slower gastrointestinal movement can also mean fewer bowel movements and harder stools.

Additionally, people taking GLP-1 medications may be eating and drinking less overall, which can mean less fiber, water and food volume to stimulate the colon.

The result? *Constipation can become a frustrating cycle.*



Why Constipation Matters for Your Pelvic Floor

Every bowel movement involves your pelvic floor. When stool is difficult to pass, it's common to strain, hold your breath, bear down or sit on the toilet for extended periods.

Repeated straining increases pressure through the abdomen and pelvic floor and can contribute to or worsen:

- Pelvic organ prolapse symptoms
- Hemorrhoids
- Urinary leakage
- Difficulty emptying the bladder
- Pelvic pain
- Difficulty fully emptying your bowels

If you already have a cystocele, rectocele or uterine prolapse, constipation can make symptoms like heaviness, pressure and bulging feel significantly worse.

It's Not Always About the Medication

There are several options for managing constipation, including magnesium, stool softeners, polyethylene glycol (Miralax) and fiber supplements such as psyllium (Metamucil). The best option depends on the cause and severity of your constipation, so talk with your healthcare provider about what is appropriate for you.

And don't overlook the basics: stay hydrated, gradually increase fiber, move regularly, respond to the urge to have a bowel movement, avoid prolonged sitting on the toilet and consider using a footstool to improve positioning.

But sometimes, constipation isn't simply a matter of what you're taking—it's how your pelvic floor is functioning.



Restoring MOVEMENT. Reclaiming CONFIDENCE.

Orthopedic and Pelvic Floor Physical Therapy for All
Pregnancy and Postpartum Care and Fitness
Birth Prep ~ Dry Needling

UPLIFT
PELVIC HEALTH & PERFORMANCE

Google



704-251-5141 admin@upliftpelvicnc.com
10210 Hickorywood Hill Avenue, Suite 120, Huntersville, NC 28078

© Best Version Media

Where Pelvic Floor Physical Therapy Fits In

Your pelvic floor muscles need to relax and coordinate properly to empty your bowels. Some people unknowingly tighten these muscles, hold their breath or bear down against a pelvic floor that isn't relaxing.

This is known as pelvic floor dyssynergia, and adding more fiber or laxatives may not fully address the underlying problem.

A pelvic floor physical therapist can assess how your muscles are functioning and teach you how to:

- Relax and coordinate your pelvic floor during bowel movements
- Improve breathing and pressure management
- Optimize toileting mechanics
- Reduce straining
- Improve bowel emptying
- Manage symptoms associated with prolapse

Sometimes the answer isn't "push harder." It's learning how to relax better.

The Bottom Line

Constipation may be a common side effect of GLP-1 medications, but it doesn't have to be something you simply live with. Addressing bowel health early can help reduce pelvic floor strain, improve prolapse symptoms and make bowel movements more comfortable.

If you're taking a GLP-1 and experiencing constipation, pelvic pressure, heaviness or difficulty emptying your bowels, pelvic floor physical therapy may be an important piece of the puzzle.

At Uplift Pelvic Health & Performance, we help patients address the root causes of bowel and pelvic floor dysfunction—not just the symptoms.

UPLIFT
PELVIC HEALTH & PERFORMANCE







© Best Version Media



AROUND TOWN
with Mayor Bilodeau

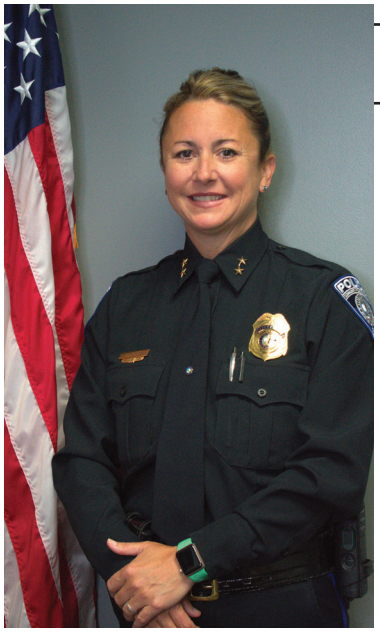
Hello Cornelius!

We made it!

I love the summer season. While I prefer the heat over cold, we could have done without the drought. With leaf peeping activity on the way and more moderate temps, October is a great time to enjoy lake life in Cornelius!

Join the Cornelius Police Department: It's more than a career, it's a community!

This month, I am asking for your help. It's no secret that local municipalities are having trouble filling their police officer vacancies. Cornelius is no different, and I would appreciate your help with referrals. I asked Deputy Police Chief Jennifer Thompson to give you a sure-fire pitch you can use with potential candidates.



Deputy Police Chief Jennifer Thompson

The Cornelius Police Department is looking for dedicated, community–minded individuals to join our team. Cornelius provides officers the opportunity to build a meaningful career while serving a community that values, respects and actively supports its law enforcement professionals. Whether you're an experienced officer looking for your next opportunity or interested in starting your law enforcement career as a police cadet, Cornelius Police offers competitive pay, excellent benefits, specialized assignments and opportunities for continued professional growth.

Salary starts at $63,528 per year for officers and cadets, with increases for experienced officers and those with college degrees or prior military service. We also offer a strong benefits package designed to support our officers both on the job and at home. Benefits include employer-paid medical, dental and vision insurance, a $7,500 hiring bonus for cadets and officers with up to two years of applicable experience and a $10,000 hiring bonus for officers with more than two years of experience! Full-time officers who live in Cornelius also qualify for an annual residency incentive of $4,000. We also pay for experience—2% per year up to 20% over starting salary. Benefits also include enrollment in a retirement system, 5% employer contribution to a 401(k), a take-home vehicle and up to $4,000 annually in education reimbursement.

While the equipment, training and opportunities are important, we are most proud of something you cannot always see on a benefits sheet: our culture. At Cornelius Police, family is more than a motto. It's how we treat one another every day. We know officers are more than employees. They are spouses, parents, friends, neighbors and community members… and those relationships matter. If you are looking for a department where you can make a real difference, grow professionally and personally, and be a part of a team that has your back, we invite you to join the Cornelius Police Department. Apply today at *Cornelius.org/careers.*

Wow! Hope this sounds as good to you as it does me. Can you be mayor *and* a police officer? Please help us find great candidates.

See you around town!

Cheers!

Mayor D

WIDE MEADOW ROOFING

Our Services:

Roof Inspection
Roof Replacement
Roof Installation
Storm & Hail Damage
Insurance Specialist
Licensed and Insured
Roof Repair
Gutters
Siding

Scan for a FREE ESTIMATE



North Carolina's trusted Residential & Commerical Roofing Company

704.579.2117
info@widemeadowroofing.com

ShingleMaster PREMIER CREDENTIALED certainteed
BBB ACCREDITED BUSINESS A+ rating

© Best Version Media



Why Empathy Is the *Real Differentiator* in Quality In-Home Care



BY MARTIN CONWAY, OWNER, MBA, CDP, HOMEWATCH CAREGIVERS OF CHARLOTTE & MOORESVILLE

A caregiver arrives for a routine visit. They prepare breakfast, assist with a shower and do some light housekeeping. Nothing on the care plan looks unusual, but the client is quieter than normal, picking at breakfast instead of eating it. One caregiver checks the boxes and moves on. Another pauses: "You seem a little far away today. Are you okay?" That awareness can often be the difference between a person who feels cared for and one who feels unseen.

Every in-home care agency says the same things: licensed caregivers, flexible scheduling, personalized plans, 24/7 availability. Repeated enough, the words don't mean anything. What matters is *"Did/does this person see my parents and make them feel like a person or simply see them as a task?"*

Home care isn't a transaction like many exchanges. Caregivers enter someone's home and their most private moments to help them dress, bathe or sit through a quiet afternoon. Balancing care while respecting the dignity of the person is crucial.

Empathy turns tasks into something that resembles actual care.

In practice, empathy is specific: a caregiver who notices a daughter sounding anxious on the phone and takes two extra minutes to listen and reassure her rather than just report facts; who remembers that Tuesday afternoon at 4:30pm is when the grandkids call and never rushes or infringes on these important moments.

Most of what many care organizations compete on can be matched. Empathy can't be purchased or rolled out and implemented from behind a desk. It has to be part of the hiring process, modeled, shown and emphasized culturally.

Families who feel genuinely understood don't leave over a late shift. Referrals—still the most controllable and trusted marketing there is on earth—come from people and families who felt cared for, respected and seen.

Caregivers' tenure is longer when empathy is emphasized, not just rolled out as a convenient slogan. And most issues or complaints aren't really about a missed task; they're about someone feeling dismissed, rushed or disrespected... all of which an empathetic caregiver usually catches first, preventing basic issues from becoming larger problems.

When evaluating care partners, remember that empathy doesn't show up on a website. Ask prospective care partners the following: "Tell me about a time a caregiver noticed something was wrong before anyone told them?"

Notice if an organization asks about your parent's needs, personality and preferences before jumping to rates, minimums, awards and start dates. The order reveals what actually gets prioritized, and what is not spoken about is as important as what is spoken about.

Ask about caregiver turnover. Caregivers who don't feel supported or seen rarely have much left to give, and their tenure tends to be short.

Above all, trust your gut. Did it feel like a sale and transaction, or like someone who was genuinely listening with the intent to understand? Not just being quiet and anxiously waiting for their turn to speak.

Strip away the credentials, noise and service lists, and most home care companies are offering the same thing on paper. Empathy is the part that's hard to fake. It's also the part families notice fastest once care begins. You'll find it by seeing and trusting what it feels like when someone is truly listening, versus simply going through the motions.



Lake Norman's Premier In-Home Care Partner

ASSESSMENT AND CARE STARTS WITHIN 24 HOURS.

Personally invested in Lake Norman families.

Homewatch CareGivers®

Award Winning Recognized Nationally

Keeping Our Seniors Happy, Healthy & at Home

704-503-4660 • hwcg.com/Mooresville • 344 Rolling Hill Rd, Mooresville

© Best Version Media

Do You Know? Where to Find the Halloween Fun



BY CAROLINE CAMPBELL

Do you know where to find Halloween fun? From pumpkin patches and hayrides to scary trails through the forest, Charlotte and the surrounding areas have a lot to offer. Check the websites below for the most up-to-date information on pricing, hours and safety policies. Reservations required in some instances.

CARRIGAN/SCARRIGAN FARMS

(1261 Oakridge Farm Highway, Mooresville)
carriganfarms.com
scarriganfarms.com

- Pumpkin picking begins October 1
- Pumpkin patch includes hayride to the petting zoo and pumpkin field
- Haunted Trail, ages 12 and over only, during select Thurs.-Sun. nights from
- October 2-November 1

PATTERSON FARM

(10390 Caldwell Road, Mount Ulla)
www.visitpattersonfarm.com

- September 14-November 6
- Pumpkin patch, playground, corn maze and special fall weekend events

HODGES FARM

(3900 Rocky River Road East, Charlotte)
www.hodgesfarmnc.com

- September 26-October 31, daily from 9am-6pm
- Pumpkin patch, hay rides, barnyard animals, fall treats and picnic areas

WISE ACRES ORGANIC FARM

(4701 Hartis Road, Indian Trail)
www.wiseacresorganic.com

- Mid-September-early November
- By reservation only
- Pumpkin patch, fall activities, food and more

COUNTRY DAYS CORN MAZE

(416 Joe Lee Helms Road, Indian Trail)
www.countrydayscornmaze.com

- Weekends from September 25-November 7
- Corn maze, corn box, petting zoo, corn hole, duck races, slingshot, playground, hop along rodeo, cow train, corn cannon, group bonfires and produce store

HUNTER FARM

(13624 Providence Road, Weddington)
www.thehunterfarm.com

- Check for season opening dates and times
- Hayride, pumpkin patch and petting zoo

THE AMAZING MAIZE MAZE AT RURAL HILL

(4431 Neck Road, Huntersville)
www.ruralhill.net

- Weekends from September 5-October 31
- Day and night corn maze

RED WOLF FARM

(4137 Providence Mill Road, Maiden)
www.redwolffarm.com

- Every Sat. and Sun. from October 3-31
- Hay rides, corn maze, super slide, obstacle course, peddle tractors, corn play-tubs, farm animals, pumpkin bowling, pumpkin patch, food vendors and more

THE FARM

(769 Bray Ford Road, Dobson, NC)
letsgotothefarm.com

- Weekends from September 12-November 8
- Corn maze, pumpkin patch, U-pick sunflower fields, apple orchard, fall comfort food and more

ALPHA & OMEGA FARM AND CORN MAZE

(I-77 and 421 intersection-30 miles north of Statesville, NC)
www.alphaomegacornmaze.com

- Select dates from September 12-November 14
- A 20-acre agri-entertainment complex featuring a corn maze, hayrides, bounce pillows, mini train, music, yard games, play structures, sports-themed games, pumpkins, axe throwing, paintball, pony rides, farm animals, grille, snack bar

SHELBY CORN MAZE

(Shelby, NC)

- Weekends from September 19-November 1
- Corn maze (haunted maze at night), pumpkin patch, paintball, zip lines, yard games, mini train, hayrides, firepits, playground, giant slides, swings, farm animals, snack bar and ice cream

© Best Version Media



ALMOND FARM
(Concord, NC)
almondfarmproduce.com

- Wednesdays through Sundays, September 26-November 1
- 40-acre farm offers a pumpkin patch, corn mazes, farm animals, seasonal decor market, inflatables, play areas, bounce pad, yard games, nature trails, firepits and hayrides by reservation only, snack bar.

SCARY OPTIONS *(not recommended for kids under 14):*

- Haunted Trail at Scarrigan Farms (see above)
- The 13th Acre Haunted Attraction—Monroe, NC *(the13thacre.com)*
- Boogerwoods—Rockwell, NC *(www.boogerwoods.org)*
- Lake Hickory Haunts—Hickory, NC *(www.lakehickoryhaunts.com)*
- Scarowinds—Charlotte *(www.carowinds.com)*
- Hickory Grove Haunted Trail—Gastonia, NC *(www.hghaunts.com)*
- Midway Wicked Woods-Statesville *(www.midwaywickedwoods.com)*

*Check each website for seasonal dates, time and tickets.

BEE ORGANIZED
Ready to Simplify Your Hive?



Professional home and business organizing - Moving support: decluttering, unpacking, packing - Concierge services





Confidential
Compassionate
Judgement Free

Give us a buzz for a
FREE CONSULTATION!
704.966.7708
infolakenorman@beeorganized.com
www.beeorganized.com/lake-norman

KIDDIE ACADEMY®
EDUCATIONAL CHILD CARE



Now Open in Mooresville

Learning for Every Age

- Infant to School Age Preschool Programs
- Flexible & Convenient Scheduling
- Breakfast, Lunch, Afternoon Snack
- Partners with SoccerStars
- Life Essentials™ Curriculum
- Live Parent Camera Access
- Daily Parent Updates

Mention this ad to receive your 3rd week of enrollment at 50%

Kiddie Academy of Lake Norman
kiddieacademy.com/academies/lake-norman
704-970-6000

Kiddie Academy of Cornelius
kiddieacademy.com/academies/cornelius
704-970-9000

We help students find the right colleges, the right majors, and the right path forward.



Enrolling Juniors, Sophomores & Freshmen

SWIPE RIGHT
COLLEGE MATCHMAKERS



Scan to Learn More

COLLEGE ADMISSIONS CONSULTING SERVICES
College List Building for Right-Fit Schools · Essay Writing & Editing
Application Support & Deadline Tracking · Course Selection &
Admission Test Consulting · Majors Exploration & Career Counseling

Contact us for a **FREE** phone consultation: **614-302-5154**
info@swiperightcollegematchmakers.com | www.swiperightcollegecmatchmakers.com

© Best Version Media



Your Garage Door Is *More Than Just a Door*

BY KIM SERYDYNSKI, RACE CITY GARAGE DOOR

A Lake Norman garage door does more than open and close—it's also a barrier against heat and storms.

TRADITIONAL RAISED-PANEL

These doors remain popular because they complement many architectural styles found throughout Lake Norman. Their symmetrical raised or recessed panels provide a familiar appearance that works well with brick, Southern-style, Tudor designs and other classic exteriors.

Steel is a common material because it is strong, affordable, compared with custom wood, and easy to maintain. Homeowners can choose from numerous colors, window arrangements and insulation packages for greater comfort and efficiency, making it one of the most adaptable choices available.

CARRIAGE HOUSE

These doors bring the character of old-fashioned swing-out doors to a convenient modern overhead system. Extensive customization with decorative handles, hinges, crossbeams and window grills creates a handcrafted look without sacrificing operation. This style is attractive on farmhouse, craftsman, European-inspired and waterfront homes. They are available in real wood, steel and moisture- and warp-resistant composite materials. Steel and composite models have the advantage of less upkeep in humid climates while imitating the warmth of wood.

CONTEMPORARY

Rather than simply filling an opening, this can become part of the striking visual architecture of a modern lakefront home, featuring clean lines, flush panels, horizontal planks or asymmetrical windows.

Wood-look modern steel finishes are practical as they combine minimalist styling, dependable strength and natural warmth without the maintenance of real lumber. Full view aluminum and glass doors offer a bolder aesthetic, allowing natural light into a garage.

CRAFTSMAN

They occupy the middle ground between understated traditional doors and decorative carriage house designs. Their structured architectural defining features often include straight lines, vertical recessed panels, square or rectangular windows, and artisan-style hardware. They complement craftsman, ranch, bungalow and Cape Cod homes. These doors can be made from steel, composite or wood, allowing homeowners to select a material that balances appearance, cost and maintenance.

INSULATED

It's important to think about insulation rating alongside weather seals, quality and the condition of surrounding garage structures. Insulation is worth considering in Lake Norman, especially when the garage is attached to the home or used for other purposes to control temperature, noise and panel strength.

WOOD, STEEL, COMPOSITE OR GLASS?

The material of the garage door is just as important as the door style.

- **Steel**—Strong, economical and low maintenance, but scratches should be addressed to prevent corrosion.
- **Wood**—Rich, authentic appearance and natural warmth, but it requires regular sealing or refinishing.
- **Composite**—Resists moisture, rot, shrinking and warping, but quality and realism vary by product.
- **Aluminum and Glass**—Modern appearance and abundant natural light, but privacy and heat gain depend on glazing.



GARAGE DOOR SALES & SERVICE

SERVICES:

Garage Door Repair & Replacement
Springs & Openers Replacement
Maintenance Plans
Commercial-Residential
New Construction

RACE CITY GARAGE DOOR

Joe & Kim Serydynski, Local LKN Owners

980-444-0468 | www.racecitygaragedoor.com | kim@racecitygaragedoor.com

© Best Version Media

- **Wood-look Steel**—Combines visual warmth with steel durability, but premium finishes may increase the price.

For homes close to the water, resistance to humidity and moisture deserves particular attention. Composite and properly coated steel products often provide a practical balance of appearance and durability, while real wood rewards owners who are comfortable with ongoing maintenance.











© Best Version Media



A Few *Spooks* at Scarrigan

BY TESSA ROSENBERG, TEEN REPORTER



Happy October! Given that Halloween is the first thing most people associate with this month (aside from pumpkin spice lattes), I knew I had to report on one of my favorite spooky spots. Last year, my friend group visited Scarrigan Farms, the annual Halloween attraction located at the Carrigan Farms quarry in Mooresville. Some of us had already visited, while others (like myself) were going in completely blind. I was utterly terrified, given both my friends *and* the internet said the experience was not for the weak of heart.





The term "haunted house" doesn't accurately describe the attraction. It's a one-mile-long walking trail through the wooded terrain of the farmland with actors, decorations and setups with the sole intent of giving you a heart attack. I discovered this information on the Scarrigan website before I committed to purchasing my ticket (I needed to know what I was getting myself into), and it is safe to say that I was incredibly nervous but didn't want to miss out on a fun experience with my friends... peer pressure is real.

My anxiety as we waited for our turn to enter was immeasurable. I was tempted to tell my friends that I was chickening out and going home, but once our tickets were called, I knew there was no going back. My strategy for survival was to stand in the middle of our 10-person group, but that fell through almost as soon as we started walking the trail. I don't want to spoil the experience for anyone planning to visit, so I will not give specific details on the scares, but it is safe to say that I was incredibly impressed with the layout of the trail, the decorations/setup, and most of all, the actors. The website warned me that although the actors wouldn't make physical contact with guests, they had complete permission to go all out. I certainly wasn't disappointed with their performances.

Between my group, we all varied in responses to the scares. While some of my friends lost their voices from screaming so much, others handled the live scares nonchalantly. I was surprised by my own reaction—I realized I do not spook as easily as I thought I would despite the extreme nature of the scares. Though there were plenty that got a jump out of me (and a few that got a scream), I was able to stay calm throughout the majority of the trail and had a lot of fun responding to the actors and even helped them follow a few of my more sensitive friends (so sorry, Ava). We all agreed that it was such an incredible experience, and every jump scare was worth it.

To cool down from the walk, we enjoyed some snacks and a beautiful view of the Carrigan quarry before heading home... which was definitely the scariest night drive of my life.

If you are considering visiting Scarrigan, please be aware that this experience is NOT for everybody (as it is a genuine horror-simulation, not a light-hearted walkthrough). Although my friends and I had a great time and were scared just the perfect amount, children under the age of 12 and visitors with certain health conditions are strongly encouraged to skip this excursion. I strongly urge you to read the detailed points on the website (specifically in the FAQ section) to ensure that you and/or your guests are safe to be there.

If you think you have what it takes, I highly recommend giving Scarrigan Farms a visit this October. It will be the most exciting mile of your life... and definitely the most horrific.

HEARING TECH EXPERTS
Beltone™
Insurance Credentialed • Ask About Your Plan
Tiny Sizes • Clearer in Noise • Great Prices
Cornelius Office: 18047-D W. Catawba Ave. 704-892-0277
Many other locations available to serve the community
Harlan S. Cato, BC-HIS
Nationally Board Certified
Hearing Instrument Sciences
45 years experience

© Best Version Media





HONORING VETERANS IN OUR NOVEMBER ISSUE

SUBMITTED BY CAROLINE CAMPBELL

Each November, we dedicate *Cornelius Lakeside Living* to honor those in our community who have selflessly served in the US military. If you are a veteran or have a neighbor you would like to honor, please email us at ccampbell@bestversionmedia.com by October 1, 2026. We would love to include and honor you in our feature.

DANIEL J. FEYKA, CPA PC



- Individual Tax Return Preparation
- Business Tax Return Preparation
- Estate & Trust Tax Return Preparation
- Business Advisory Services
- Proactive Tax Planning

Making your taxes less taxing!

(704) 896-7055 | dfeyka@LKNcpa.com
18525 Statesville Road, Suite D-02, Cornelius, NC 28031
www.lakenormanaccountant.com

INTEGRITY
CONCRETE COATINGS

It's not just our name; it's in our products and services too!



Lake Norman Locally Owned
980-202-9765 • IntegrityCoatingsLKN.com
Jonathan@IntegrityCoatingsLKN.com

Huntersville
veterinary clinic
Anna Austin, VMD
704-997-6167

Compassionate Veterinary Care
with a Personal Touch





"I've never seen such caring and loving vets. They are very professional, but they make you feel like family too. Their prices are more than fair. I'm truly grateful for this wonderful clinic." - Allison M.



16615 W Catawba Ave, Suite F
Huntersville, NC 28078
(at the intersection of Sam Furr and West Catawba)

★★★★★

HuntersvilleVet.com • Info@huntersvillevet.com

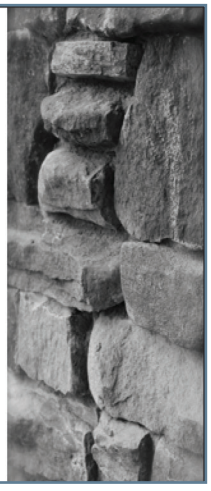


TYLER niblack, cpa
Fresh Approach · Experienced Foundation

If you need assistance with income tax planning, business consulting, or college financial aid coaching, please call us today to schedule an appointment.

Tax and Financial Consulting serving businesses and individuals

919.356.6843 | **niblackcpa.com**



© Best Version Media



Lifting Up Local Breast Cancer Patients Through Hope and Support

The go jen go Foundation

BY SUSAN EVREN, EXECUTIVE DIRECTOR, GO JEN GO FOUNDATION

The Go Jen Go Foundation is a nonprofit organization providing critical assistance and family support to individuals across the region who are facing the financial burden of a breast cancer diagnosis.

Through its Patient Assistance Program, Go Jen Go helps patients focus on healing by covering basic living expenses such as rent, utilities, transportation and groceries during treatment. The foundation also brings comfort and joy to families through the Mood Williams Camp Scholarship Fund, which enables children of grantees to experience camp programming, and Operation Spread the Joy, which provides holiday gifts and essential support to families navigating the challenges of breast cancer. Support is also given through Hope in a Box care packages, social gatherings and educational programming.

Currently, Go Jen Go supports more than 110 families each month, helping right when patients need it most. Since its founding in 2009, the organization has hit milestones:



- Served more than 4,500 breast cancer patients
- Provided over $2.5 million in financial assistance
- Supported more than 550 families through special programs and community initiatives

The Story Behind the Mission

The foundation was created by Jen Pagani, a Charlotte mom whose courage and compassion continue to inspire others more than a decade after her passing.



Shortly after the birth of her second son in 2007, Jen was diagnosed with an aggressive form of breast cancer. Over nearly seven years, she endured 19 chemotherapy regimens, multiple rounds of radiation and experimental treatments, always with strength, humor and an unshakable spirit.

Throughout her cancer journey, Jen often reflected on the extraordinary support she received from friends, family and her community. At the same time, she met fellow patients in the infusion room who were struggling to afford basic necessities. Moved by their challenges,



© Best Version Media

Jen began sharing her own gift cards and became determined to create a way to support others facing similar hardships.

That promise became the Go Jen Go Foundation. Though Jen passed away in 2014, her legacy lives on through every grant, every volunteer and every act of kindness shared with local families facing breast cancer. The foundation continues to honor her mission by providing hope, dignity and strength through direct, practical support.

Ways to Get Involved

- Become a Partner: Collaborate with Go Jen Go through sponsorships or community partnerships.
- Join Jen's Legacy: Make a planned gift to ensure lasting support.
- Contribute: Every dollar helps provide essential aid to local families in need.
- Host a Fundraiser: Turn your event or workplace giving into a force for good.
- Support the Camp Scholarship Fund: Help send children of Go Jen Go grantees to camp and other programs.
- Volunteer & Participate: Give your time, purchase holiday gifts for Operation Spread the Joy or register for upcoming events, including the Pink Cupcake Walk (October 3), My Breast Friend's Wedding (October 22) and the 15th Annual Run Jen Run 5K & Festival (March 20, 2027).

For more information or to get involved, visit *gojengo.org.*





© Post Version Media



Do I Need a *Will* or a *Trust*?

BY KATHLEEN O'DAY

The answer is not the same for everyone and depends on your goals, your family and how much control you want over what happens in the future. As an estate planning attorney, this is one of the most common conversations I have. Most people are not sure which option makes sense, and that's completely normal.

The Difference Between a Will and a Trust:

A will is a legal document that goes into effect after you pass away and outlines:

- Who receives your assets
- Who will care for your minor children
- Who will manage your estate

A will might be enough if you have a relatively simple estate, you are comfortable with your estate going through probate, you want to name guardians for your children and/or you are looking for a more straightforward, cost-effective option. A will provides a solid foundation and ensures your wishes are documented.

A trust is a legal structure that holds and manages your assets and becomes active as soon as it is created and funded. With a trust, you can:

- Avoid the time, cost, delay and hassle of the probate court
- Control how and when assets are passed to your loved ones
- Keep your affairs private and not easily contestable
- Plan for incapacity, not just death

A trust might be a better choice if you want to avoid probate and have your estate settled quickly, you want more control over how assets are distributed, you want structured planning for young children, you own property or multiple assets and/or you want more privacy for your family.



© Best Version Media

Last Will and Testament

What Happens If You Only Have a Will?

In North Carolina, a will must go through probate. This means that the court oversees the distribution of your assets. The process can take time (from 6 months to 2 years, for more complex estates) and certain details become part of the public record. For some families, this is manageable. For others, it is something they prefer to avoid.

What Happens If You Have a Trust?

With a properly funded trust, many assets can pass directly to your beneficiaries without going through probate, which can simplify and speed up the process for your family and keep your affairs more private. It also allows for more detailed planning, especially if you want to control how assets are used by beneficiaries over time.

This is where estate planning becomes especially important. A will allows you to name guardians for your children. That is essential, but many families want more than that. A trust can help manage assets for your children over time, so large sums of money are given at different stages of adulthood, instead of at a young age, and those funds can be identified for certain uses, like education. A trust provides more structure, more flexibility, guidance to how your assets are distributed and long-term protection.

Other Benefits of a Trust

Certain trusts shield your assets and your beneficiaries' inheritances from outside threats like creditors, lawsuits or a former spouse in a divorce and can help lower or eliminate federal and state estate taxes. Most trust-based plans also include a will. This is often called a "pour-over will," and it works alongside your trust to make sure everything is covered, offering the best of both options. Estate planning is not about choosing one or the other in isolation. It is about building the right combination for your situation and the needs of your family.



CUSTOM CLOSETS, HOME OFFICES, GARAGES, ENTERTAINMENT CENTERS & MORE

It's organization season

This fall, collaborate with our expert Designers to create custom closets, entertainment centers, and home offices ready for the holidays. Work with us to choose the looks, finishes, and options that reflect your style, and function perfectly in your space.

VISIT YOUR LOCAL SHOWROOM:
8041 Arrowridge Blvd., Suite G
Charlotte, NC 28273
closetfactory.com

Schedule your **FREE design consultation today! Call 980-306-8500**

© Best Version Media

October

CALENDAR OF EVENTS

Farmers Markets

DAVIDSON FARMERS' MARKET
Every Sat. in October

@Downtown Davidson near Town Hall
Come out and support local with the Davidson Farmers' Market. No pets allowed.
Time: 9am-12pm
www.davidsonfarmersmarket.org

Community Events

CAIN CENTER FOR THE ARTS LIVE PERFORMANCES
October 3: American Elton
October 8: Jimmie Walker
October 9: Jazz Legacy Project: Louis Armstrong
October 10: To the Limit
October 11: Stundom
October 15: Amazing Bubble Factory Live
October 16: Chatham Rabbits
October 17: Dark Echoes
October 18: NC Youth Orchestra: Ensembles & Orchestra
October 22: ZZ Top Notch
October 23-24: Menopause the Musical®
October 25: NC Youth Orchestra: Youth Choir, Sinfonia & Philharmonic
October 28: Group Chat Girlies
October 30: John Schneider
For showtimes and tickets, visit *cainarts.org.*

Sat., October 3
PINK CUPCAKE WALK

@Truist Baseball Field
Join the 6th annual sweetest walk of the year in honor of Breast Cancer Awareness Month. Partipants will walk four laps around the field, receiving a mini cupcake after each lap, lifting up survivors and thrivers while having fun.
Time: 9am-12pm
Cost: $40 race fee
Sign up at *https://bit.ly/PinkCupcakeWalk2026.*

Sat., October 3 & Sat., October 17
CONCERTS AT THE CIRCLES

@Jetton Street near Clean Juice in Davidson
Enjoy local fare, drinks and live music at Concerts at the Circles. Fun for the whole family!
October 3: Blue Monday (MTV Generation)
October 17: N-Spire (R&B/Variety)
Time: Acoustic artist from 5-6:30 pm; headliner from 7-9pm
Cost: Free
concertsonthegreen.com

Tues., October 6
NATIONAL NIGHT OUT

@Cornelius Town Hall
Join Cornelius Parks & Rec and the Cornelius Police Department for a free public event promoting community safety and crime prevention. The evening will be filled with family fun, including children's activities, food, entertainment and more.
Time: 5:30-7:30pm
Cost: Free
cornelius.org

Sat., October 10
LAKETOBERFEST

@Bailey Road Park
Grab your chairs and blankets, and join the community for this fun annual event. There will be live music, local NC beer and wine, food trucks, KidsZone with crafts and games, and more.
Time: 3-8pm
Cost: Free
cornelius.org/park

Sat., October 10
CONCERTS ON THE GREEN

@Davidson Town Green
Bring your family, friends, picnics and chairs, and join the community for the spring, summer and fall concert series. Dancing optional!
October 10: Davidson College Symphony & Orchestra
Time: 6-8pm
Cost: Free
concertsonthegreen.com

Sat., October 10
ON MY 6 COMMUNITY GATHERING

@Baily Road Recreation Center
In partnership with Cornelius Parks & Recreation, you're invited to be part of our community that stands together in support of our active military, veterans and first responders. Join us the second Saturday of each month to be part of something meaningful. We're open to everyone in the community
Time: 10-11am
Cost: Free

Sat., October 24
HALLOWEEN TREAT TRAIL

@Bailey Road Park
Calling all kids 12 and under! Wear your spooky or silly costumes and trick-or-treat. Local businesses will hand out prepackaged candy, and families can enjoy festive games and activities after the trail.
Time: 5:30-8pm
cornelius.org/park

Sun., October 25
NCBO CHAMBER PLAYERS W/ MARGARET CARPENTER HAIGH

@St. Alban's Episcopal Church
The North Carolina Baroque Orchestra *Chamber Players* are excited to feature internationally renowned soprano Margaret Carpenter Haigh in a program of exciting music from the Baroque, including Handel's "Gloria in excelsis Deo," Fiocco's "Lamentations of Jeremiah" and music of Buxtehude and more!
Time: 3pm
Cost: $15-20, youth & students are free
www.musicatstalbansdavidson.org



SCHOOL CALENDAR

CMS: 10/2, No School; 10/14, Early Release
Cannon: 10/9, 10/12 & 10/13, No School
Community School of Davidson: 10/2, No School
Davidson Day: Full Month of School
Lake Norman Charter: 10/14, eLearning; 10/15-10/16, No School
Langtree Charter: 10/9, Early Release; 10/12, No School
Pine Lake Prep: 10/1, 10/12 & 10/13, No School
Woodlawn: 10/8 & 10/30, Early Release; 10/9 & 10/12, No School



LEVEL UP
TAILORED WINDOW COVERINGS

Beautiful Interiors Don't End at the Windows

Thoughtfully designed shades, shutters, blinds, drapery, and motorized solutions, tailored to the way you live.

Locally owned and professionally installed.

980-316-8045
www.levelupcharlotte.com
hello@levelupcharlotte.com

Book your complementary in-home design consultation:

LUTRON SILVER DEALER 2026

© Best Version Media

From Global Experience to Local Expertise: The Couple Behind ANT Insurance



BY CAROLINE CAMPBELL

For Pierre Fauchille, with French and Canadian roots, and Flora Wang, with Chinese roots, building a life together has meant crossing borders, cultures and continents.

When they discovered the Lake Norman area, they left Toronto behind and moved to Davidson to found ANT Insurance, an independent boutique insurance brokerage.

Having lived in 10 countries and spent nearly 20 years in the corporate world, working in France, Belgium, the United Kingdom, China, Canada and the United States, Pierre and Flora have built extensive experience across the financial services and insurance industries. Their careers have taken them through risk management, product management, marketing, consulting and strategic planning, giving them a broad international perspective and the ability to connect the dots and approach complex situations from multiple angles. Together, they speak English, French and Chinese fluently, while also working on their Spanish, Italian and German.

In 2023, Pierre and Flora decided to launch their insurance agency. Rather than choosing a captive agency model, tied to a single carrier, or a franchise model, focused on sales, they started from a blank page and built a truly independent brokerage—one centered on clients rather than a particular insurance company. They spent 18 months preparing for launch, driven by a simple observation: everyone needs insurance, but very few people enjoy and understand it.

Their goal was equally simple: provide responsiveness, guidance and transparency, while comparing options at no additional cost. That philosophy is at the heart of ANT Insurance.

The brokerage works with over 40 insurance carriers to help them find the right coverage for their clients. And the relationship doesn't end when the policy is issued. As local advisors, Pierre and Flora remain directly available throughout the life of a policy for questions, changes or claims. *No 1-800 number, no extra cost. Clients reach them directly.*

ANT Insurance offers both personal and commercial insurance. On the personal side, they offer a broad range of options, including homeowners, auto and landlord coverage, as well as specialized solutions for short-term rental properties.

The agency also specializes in high-value and luxury homes up to $20 million. Most carriers are focused on mainstream insurance coverage, not multi-million-dollar properties. High-value carriers focus only on that segment. They offer white-glove protection—adjusters onsite within 24 hours, guaranteed or extended replacement cost, rebuilding to the same quality and craftsmanship, proactive risk assessments, cash settlement options, etc.

On the commercial side, ANT serves businesses across most industries. Coverage options include commercial property, general liability, workers' compensation, commercial auto, professional liability, builder's risk, cyber liability and more.

What sets ANT Insurance apart is its focus on guidance rather than sales. "Transparency is at the heart of everything we do. We don't sell insurance; we guide our clients. We make sure they understand what coverage they have/need, and what their options are. We translate complex insurance language into plain, simple terms and turn confusion into clarity," say Pierre and Flora. "We want our clients to feel comfortable, not simply because they have a policy, but because they understand what it covers".

True Members of the Lake Norman Community

Their involvement in the community extends well beyond insurance. Flora is also a traditional Chinese brush painting and calligraphy artist who teaches classes throughout Lake Norman and shows work at art markets and exhibitions around Charlotte.

For both, building a life in Lake Norman means being part of the community. They also volunteer and help everywhere they can.

Insurance Shouldn't Be a Gamble

Pierre and Flora's message to the community is simple: insurance should NOT be a gamble.

Working with an independent broker like ANT Insurance costs nothing extra, while giving clients access to multiple carriers, local expertise and people who stay with them throughout the life of the policy.

Whether finding coverage, comparing options or navigating a claim, Pierre and Flora believe clients deserve someone who knows their situation and is here to help!



ANT INSURANCE
Business & Personal
704-530-6096
www.insure-ant.com

Best Version Media

Scan & Discover
LOCAL STORIES

LAKE NORMAN'S CONCRETE COATING PROFESSIONALS
Garages • Shops Warehouses •
Patios Basements • Flake Systems •
Staining/Sealing • Polishing
1 Day Turn-Around
704.746.5879 • www.finishlinefloors.com
FINISH LINE FLOOR COATINGS

For Anything & Everything PLUMBING,
TOTAL TRADE PRO LLC
UNCOMPROMISED QUALITY
CALL A PRO!
Leaks & Repairs
Water Heaters ~ Filtration
Systems ~ Gas Lines
Google
Locally Owned & Operated
www.totaltradepro.com ~ 704-294-2992

Services Offered
- Concierge Service Suite
- Flexible Scheduling Options
- Client-First Service
- Expert Craftsmanship
- Commercial Repairs
- Custom Projects
- Wide Range of Home Repairs
- Transparent Pricing
- Trusted & Honest Professionals

Mr. Handyman
HOME IMPROVEMENT PROFESSIONALS
a neighborly company
Lake Norman's
Repair Experts
BBB ACCREDITED BUSINESS
BEST IREDELL Winner
HomeAdvisor TOP RATED
704.457.8781

Who We Are
- Locally Owned by the Gibbs Family
- Serving LKN for over 20 years!
- Workers Compensation
- General Liability
- Hiring Professionals We'd Invite In To Our Own Home
- Over 500 **REAL** 5 Star Reviews

Scan Here to Learn More!



LIFE CAN FEEL *ENJOYABLE* AGAIN
Are you or a loved one struggling with stress, anxiety, trauma, sleeplessness, ADHD symptoms, burnout, brain fog, mental blocks, or emotional extremes?
Neurofeedback balances, retrains, and regulates the brain, which helps to reduce symptoms of overwhelm, restore calm and focus, and significantly improve your overall cognitive health.

CV Neurofeedback
Natural, holistic solutions for children, teens, and adults
FREE CONSULTATIONS
704-992-7561 | cvneurofeedback.com
107 Commerce Centre Dr., Suite 204, Huntersville, NC 28078